



Grad**WISE** Industry Access**ABILITY** Week

REGISTER HERE!



**MONDAY 13
FEBRUARY**

**TUESDAY 14
FEBRUARY**

**WEDNESDAY 15
FEBRUARY**

**THURSDAY 16
FEBRUARY**

**FRIDAY 17
FEBRUARY**

**SESSION
ONE
10:00AM -
11AM**



**SESSION
TWO
11:30AM -
12:30PM**



**LUNCH TIME
ACTIVITY
1PM - 1:20PM**

**TRIVIA AND
BRAIN GAMES**

STRETCHING

GRATITUDE

MINDFULNESS

**END OF WEEK
REFLECTION AT
12:30PM**

**SESSION
THREE
1:30PM -
2:30PM**

